

Healing

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Question 1: You will give relationships to Universal Forces and comment on purpose and personality past and present, relating to now.

Answer 1: Yes we have the patterns surrounding this life and expression in this time. And would observe this. You have been aware from time to time of underlying actions often called sub consciousness that as you might express, set up situations providing a needed experience. We use as illustration to say this.

That the entire lifetime, this manifestation, this lifetime of the entity before us, the records here, has been guided in such a manner. That is, from the earliest period of this lifetime, an overshadowing consciousness that is the nature of self. Not apart from self, but the highest expression of the self has created situations, one following another, to provide opportunities for the proper expression of the soul in this time. So that in an earlier time, you examined possibilities of being of assistance in meeting, handling, solving problems, difficulties in expression of life. A period in which mental and emotional anguish and pain has seemed more potent, more important, of greater concern even than physical, and perhaps a greater challenge.

Then situations exposed you to possibilities of deeper causes and complexities, to such manifestation, so that the very experiences occurring around you, not at all accidental, for you've created them yourself or created the opportunities for being exposed to that the mind was ready for, one step at a time. So that none of the progress has been accidental. Yet all of it a recalling, an unfoldment of experiences of earlier occurrence in this plane so that the consciousness might well be turned back to an earlier time that we describe because of the desire to restructure, to reintroduce these principles.

A time in which there was an awareness that the color surrounding a person might well have an effect on the glands, nerves, systems, organs of the body as well as the emotion, the thought process. So that in the treating of the body physical and the balance of the emotional with the physical, particular colors might well be used in particular combinations and patterns.

Such colors, lights, would not be used without sound, for sound as well another form of vibration, another manifestation, wave length of vibration, also introduced. Providing then receptive force field, will change in thought patterns, change in body chemistry and such.

We are attempting to describe here superficially, the concept of the Temple Beautiful as it should and could be re-introduced in this time. There should never have been a period of time when there was thought of treating the mind mentally, and treating the body physically in a separate manner or as separate disciplines. For it is not possible that the body physical improperly functioning will not affect the mind. Nor is it possible that the mind imbalanced will not affect the body. It is not possible then to treat one without the other.

Then the concept, the very concept of approaching healing in this time must consider the mental, physical, spiritual together. And bringing these together as a form of vibration, a rate of vibration, a rate

of manifestation, or even if not understood in that manner, but understood as harmony. For harmony is a manifestation of vibration that will bring health and healing.

Now if we seem to be concentrating in this discourse upon the profession, it is not quite so, for that we're reading from here is the life pattern. The profession only expresses it or is the reason for existence in this time because of awareness of earlier patterns of treatment, of caring for others.

Now if you would find in this day a perfect manner for taking the unhealthy organism regardless of its manifestation, that is whether physical, mental, or spiritual imbalance, you might well then provide a place with opportunities for focusing various colors for various purposes. Healing lights, but not only lights, patterns, including rhythm, shape, form, both the shape of the room and shapes on these surrounding surfaces, as well as the lights and the inter-plane.

For is it not true, can you not demonstrate even in this time that busy shapes on walls and such, and unusual shapes in rooms, especially if stark and busy, will increase blood flow, circulation, agitate the consciousness, excite the organism? Can you not find a physiological response?

Then prove it, show it, for it can be demonstrated.

Then change the surroundings, the environment, and demonstrate the change in the body. For shapes of red, busy shapes of red especially blended with white and several shades or tints of red, then will produce nervous excitement.

Moving then into a place of green or surroundings of natural and forest green will produce a quietness, a restfulness in that same organism, and the difference can be measured.

Then if taken into the body, in diet, reflect that same attempt. Understand the harmony, the very natural harmony of all things.

For you can even find it reflected in the colors of foods and that is one key to bringing together herbal formulas as well as dietary formulas, for producing a response in the physical. Look to that you would seek to accomplish.

For most if not all that you would treat may be listed as hot or cold reaction. That is hot in the sense as agitation or acute. Cold in the sense of chronic or depressed rather than stimulate or produce rest or repression.

Look in the same then, in the diet and in that which surrounds in music or sound. Sound vibration.

Then let there be collected about you for specific treatment, purposes, passages, movement of beauty and particular instruments for that purpose. Then to produce this effect, we will introduce this sound, this music for the part of the therapy, and prescribed for those that come that they should wear and surround themselves with color or the production of that particular effect, you see. Color, light, music.

Now follow that same attitude in words, in conversation, in discussion. Seek that that you discuss, the guidance be toward the accomplishment of that particular effect that is sought.

All bodies are active at all times and are building. The bodies are built, then, of the available material for the building, not only of the food taken in, but the thought taken with the food, the surrounding atmosphere whether it be that carried by the air or the vibration in sound, the vibration in thought and thought form, all that surrounds. The entire idea of healing must be approached as creation, a holistic spiritual atmosphere for the building of that kind of cells in that kind of body. There is no mental, emotional illness or symptom that can be treated without the treating of the body. Without the creation of proper nutritional balance and conditions in which to build the body.

Now the entity before us has lived before on this plane and has seen such treatments, but has seen others as well, and responds to it automatically from the deepest nature of self. From the deepest part of the self holds an ideal ever working toward this.

The events of the life, the steps in development in this lifetime have lead you to a seeking, an ever expanding, discarding this, adding to that, looking for that manner of creating an atmosphere of perfection in which to build a body.

For you were aware of those Temples in a later time. There were those who became aware of the effect of the Masters or Holy Men on others. There were those who were called Therapeutae by their peers, those who were called the healers who lived in those areas, who lived in Alexandria in Egypt, and above the Jordan at Qumran, and in other centers of the time, but communicating with one another and sharing ideas. The source of the ideas came from the effect of the touch of a Holy Man upon others. The observance of the fact that one attuned to the highest within him had the effect of transferring his serenity to the body/mind of one agitated so that another seemed to absorb his vibration. Then the study proceeded in such a manner that for the healing of physical, mental diseases there was an attempt to teach spiritual growth, assuming that because ones spiritual had an effect on the physical, that creating the spiritual atmosphere could affect the physical.

So gave rise to schools. Studies in Alexandria in that time. Others then added this and that from the observance of the healers, until there was developed a system by which the elements, the natural elements surrounding were called upon not only for their obvious therapeutic qualities, but for an assistant consciousness for creating an effect. That is, hot sand for the stimulation of blood flow or circulation. But not because the healer was aware of that effect, rather because he saw hot sand as containing power, and invoked that power to produce an effect or response. So that the response evoked because of consciousness could as well be repression as stimulation of blood flow. Understand here then that creativity can be evoked to reverse the flow of power beyond that naturally expected.

Now we comment upon this for the reason that in holistic healing in this time, there must not only be awareness of the natural response about you in building the body of whatever is available, but there must as well be an awareness that mind overrules all things, that a determined mind, determined to build, will build even of destructive materials, changing the nature of those materials because mind is creative, mind is the builder, mind made those materials.

All that you know and all that surrounds is as given through these Sources, Logoidal energy, or energy of the Solar Logos, energy of the Spoken Word. All, then, the vibration of that Word. That Word then able to change or assign the nature of vibration.

In practical application may be invoked in this manner.

Creation of proper thought process, added with proper materials, will build here.

Now applied to self, the importance becomes this.

In touching, in feeling, in being aware of the nature of imbalance in another, there is a response in self of feeling that imbalance, hence a feeling of vulnerability or imbalance within the self. There must be added to this tendency a belief, a confidence that I am a creator. I am a builder, and can take into myself that feeling of imbalance of another and change it. Changing it, returning it to him then.

This is the healing technique of the Master Jesus. That is, understanding the Law of At-One-Ment, would actually absorb the imbalance of another, alter it within himself, and return the perfected form to that one he had touched, whether physically or at a distance. Invoked then, creativity at times.

Now all of these possibilities were only suggested to stimulate the mind, to return to consciousness that which already has been known, for there is nothing new here in that we give only reminders.

Then let us take it one step further in the possibility, and suggest this. In the presence of any person needing assistance in any level, physical, mental, spiritual, there is the possibility of setting self aside for the moment and moving into his thought form, his vibration, exchanging thoughts, exchanging feelings. Being vulnerable to his balance and imbalance. Seeking then the nature of imbalances and prescribing according to what we described. Here then is, in your terminology, psychic diagnosis. But if accomplished by psychic means, the diagnosis, there is no reason to fail, taking one step further in letting the application of healing process be done in that same manner.

This is the beginning then of reaching beyond that you've already done. Be sensitive to the imbalances of those who come within yourself, taking it within and believe, listen to impressions that come. Using these, then applying them, look for balance in all things. Be observant of the colors you see about those who come, whether in their clothing, whether in suggestion of an attitude. That is, some people look a bit grey. Is it because you are seeing an aura or is it because you are seeing an attitude? Does it make a difference?

It does not, in this sense. What you sense to be grey should be treated as grey and should be sought a livelier color or the addition of that as will bring it to a healthy balance for that particular individual.

Then on basis of color, sound, harmony in all about, treat according to diet, nutrition and upliftment of spirit to produce perfect health, perfect harmony in the physical.

Now all that we can say in this time will come to this.

We have from time to time described the procedures, the philosophies, the potentials of the Temple Beautiful. Your purpose in this time is to build it. That is, to begin the expression of it in your opportunities and attitudes toward healing. Begin using all of these things and encouraging that such be considered in the thoughts, the minds of others. So much has been given that cannot be restated in so short a time. Then make available for this one that has been given in these areas and begin it as an application of purpose in this time, expanding far beyond that you've seen into these new possibilities.

Understand that that force that brings healing within yourself can be expanded beyond the perimeters of the body to have effect upon the consciousness and physical of others. You can be receptive to their feelings, but you can as well overcome those feelings and return a new pattern to them. The effect in the past has been somewhat to cling to that effect disliking that you took within. It was not the awareness of the possibility of altering, rebuilding, restructuring and returning and being the better for it. Let that pattern develop. There is much more to be said, much more to be given.

That is sufficient for the moment. Let us continue another time. We are through.

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