

Strengthening the Aura

Paul Solomon Reading 0090 - L - 0059 - MA - 0001 - KW, Atlanta, Georgia, December 4, 1972

Question 5: What parts of my aura are brightest and which are dullest? Indicating what in the development of my ego?

Answer 5: Now see a great deal of orange and yellow. And a great deal of blue. There is coming in and about the throat some pink and red.

Should be developed into a brighter, more brilliant red, taking out the darkness or the muddy spot about the throat and the shoulders. For the process of raising the levels of energy, there should be no resentment toward those who are not required so much in this lifetime, but realize that it is the choice of this one himself that brought such difficult awareness for this incarnation.

And realize that this one is not the only one in this lifetime who seeks so great advancement in a single lifetime, for there are many in these last days attempting to do great things...

See, then, that there would be brought greater energy within the aura, and the developing of these more brilliant and clear colors. Particularly by the deep breathing of light, or the inhaling of fire, as it were, in the Raja or Kundalini Yoga practice.

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