

## Habit Control

*The Source's view about Marijuana.*

Paul Solomon Reading 0043 - LH - 0019 - MA - 0001 - MD - Atlanta, Georgia, October 19, 1972

Question: What is marijuana, and is it okay for use in moderation? Also, why does this one smoke it?

The Source: We would find that which is referred as marijuana as the depressant drug inhaled by this one to achieve the calming state, or lower the rate of vibration, or lower the frequency rate of the brain waves, thereby producing a state similar to the meditational state. Now it would be found that these states are well and a calming influence in the body. But the question would be, is this the better means of producing this state? That which is produced naturally within the body is beneficial to the body. That which is forced or produced by a chemical means causes the body, the mind, the creative forces of the body to become lazy and sluggish in their functioning.

If this one would control the mind forces, the spirit forces would develop spiritually. This must be done through the creative forces of the mind, for the creative forces are the expressions of the God-force and that which replaces the creative force of the mind is not well for the body, and is not for the spiritual growth, but only hinders the realization of God-consciousness, It would be sought that this one would learn the techniques for producing of this state or a similar state through natural techniques, that these brain waves would be lowered naturally to the slower or more receptive rates, the alpha rates or even the lower rates that there would be the infusion of the realization of the God-forces.

Now that which is questioned of the other disciplines, of spiritual disciplines will come more easily within this mind when there is produced the natural opening of the chakras, the natural realizations, the natural slowing of the rates of the body that these may be assimilated and that the God-forces may work through, the creative forces may teach from within.

Realize that that force which would seek to manifest, and would seek to teach and instruct, and make this one more aware is the "I Am" force, and is not affected by drugs. It is not turned on by drugs. It is not brought to the surface by any artificial means, but by the meditation, by the pure form of lowering these body rates, these vibrations; the body is made more receptive to the "I Am" force, the expression of God within Now seek to turn to meditation in these manners and the marijuana will not be used It will not be needed.

Now the reason that this one is smoking this now is because he has not realized that this may be produced in a natural method. This one has not learned to meditate, other than to use these chemical means to artificially bring the rates of the body to these vibrational forces. Seek to do these things through the natural means and it will be realized that these aids are not necessary. These artificial instruments are not necessary for the greater awareness.

Now seek ever to attune self to God Realize that while these forces are not necessarily harmful, they are not beneficial in spiritual growth.

© 2007 The Paul Solomon Foundation