

## Challenges Of A Lifetime

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Question : What are my challenges this lifetime which come from my past lives? What is the purpose of the remainder of my lifetime?

Answer : Yes, we have the records of this soul. Now we find several factors we will comment upon in relation to karma and life purpose in this time.

You have come into this time with a great deal of intelligence, of talent and ability. Yet in cultural circumstance which has not allowed so much for the discovery and the development of your talent, your life purpose and direction.

Early in life or by nature, by inclination, your life needs to be given much to helping others. It is a necessity for satisfying an inner need. Thus the work, the career should have been centered about work that is of service both in healing and particularly in working with the young. For you have a love of children and an ability to encourage their development. Not so much a teacher in the classical sense. But rather one who could encourage a group of young men in sports and in development of character. Not in the sense of competitive sports. More in the areas of development of health or martial arts and such.

We would in spite of the time of life, devote much of the remainder of your time to studying applications of healing, particularly of some remedies of herbs in a sense, but limited, not a wide range, not that you would become an herbologist as such. But also understanding acupuncture for the application of healing. These are means of healing that you are touching the physical body, that you are creating health and healing, that you are making a direct difference in lives of individuals who you touch.

It will necessitate beginning outside working hours, as it were, a kind of second profession, if we can call it that for a sense of inner satisfaction. We make an important point of this because the work-a-day world, working in a profession which does not give a sense of service and meaning to life will continue to foster a sense of something of emptiness within. And you came in this lifetime to discover and express these things.

To discover joy and confidence of life, to turn the over-intellectual development of a most recent past lifetime in which you were very much a serious student of the sacred books, a scholar as it were, but much too serious in the development. This is a lifetime meant to discover and to express joy in relationships, in family, in youth and children.

And there should be an opportunity to work with a group of youngsters in a setting, a social setting given for the purpose of bringing youngsters together, even volunteer work in such a setting will bring some satisfaction in yourself.

Do understand that happiness is a decision. It is a difficult understanding perhaps, for one who has had the difficulty and tragedy in life and has felt as a cultural teaching that where there is not a perfect model and the perfect environment which induces happiness, joy, it is natural to feel less than joyous about life.

Understand that these situations have been created for the very purpose of overcoming that and of learning for yourself and sharing with others as well that happiness is, in fact, a decision, that joy is in fact a decision to be made within the self. One can decide to experience and express joy.

Make a daily decision upon arising each day to begin the day with an encouragement to self, "I will make this day a day of expressing peace and joy within myself."

Do invoke your Source, your Inner Source. Look at the materials as much as they are available of relationship with what is called the Inner Self Helper or the Inner Christ, the Christ within. Learn that there is within you a being of love and joy whose purpose it is to lift your spirits, to make every day a time of joyous expression.

Then even in the work in which you are presently engaged make it a task of the day, literally an item of the agenda of the day, to be a source of joy, of laughter, of upliftment to those you work with. Learn to be known for a joyous temperament, for encouraging other to laugh even when there is not a sense of a reason for laughter within yourself. Do it as a sense of service to those about you. Encourage it in the countenance and share it with others.

It will be of great help in the accomplishment of this when the training program of self esteem is available to you. We would encourage that you not only use it as development for the self, but share it within a group setting or that is gather together a few friends with whom you would share the program and have perhaps, a weekly time of discussion. And allowing one another to know the progress of the experience of this changing program of the way of thinking within your life.

Now let us attempt to help in this manner that you know this thing. You with your wife have had the tragic experience of bringing into the family a male child which was, is a joy particularly in this culture. A carp streamer of the expression of this child should be maintained, kept to fly in your home in reminding you that ever the child is with you. And at the same time congratulating yourselves and him in this sense.

You entertained in your life a soul who came for a short time. Did not intend upon entering this lifetime to build a long period of life with the opportunity of building new karmic relationships and new challenges of life. A soul rather who came with little to accomplish, little to finish in the pattern of the cycles of return.

It is something of a divine compliment or blessing to you that you were selected to provide an environment in which a soul could come for the finishing, the completion of the cycles of karma and return, of reincarnation. It should not be a tragedy that you

provided a short period of space in which a child could come, express, complete the karmic relationships with the laws of earth and go on to a higher experience of consciousness.

He did what he came to do. He accomplished his soul purpose. It is an element of grief to him that his loss has caused an unhappiness in your life. If there were and there is a message from him which we can deliver to you, it is a message of gratitude, of thanks, to you and your family for supporting his short time of life, allowing him to complete the cycles. It is request that you release him with joy, that you not attempt so much to replace him with another, but rather share the love that you have with more than one, even those who are not your own children, born into your own family.

Allow the amount of love that you have, which is considerable with both of you. Both yourself, your wife, your mother have an ability to give a sense of love, encouragement to children. Make that available.....

.... Here is perhaps a difficult challenge. In relation to your daughter. She cannot help but know and understand something of a deep hurt, a grief in your heart which is not healed from the loss of your son. There is a transference of concern to her which causes that she feel she can never measure up, she cannot provide the healing, the overcoming of the loss, the grief. She cannot make up for the absence of her brother.

For this reason, she has internalized a sense of inadequacy, of weakness and even can you see the symbology of a soul's attempt to give up its own breath in sacrifice as if there could be in giving up self an opportunity to resurrect the experience of the joy of another. Understand the almost angelic attitude of this child who should be seen as a joy in her own right. Love her for who she is. And find her joy enough in your lives that there is not a communication of a sense of something that is lacking.

If you can give this joy, encouragement, love, appreciation, sense of fulfillment that she alone is enough in the expression of the family to be a reason for joy of life. She is a fulfillment. She is sufficient to bring the family to life. This is the manner of her healing, her strength.

Then find within yourself the ability to impart this to her, and you will find a healing of the expression of asthma, for it is the attempt for self sacrifice.

Now, we hope to avoid the confusion in saying this. Having accomplished that in your heart with the entire family, including your mother, having accomplished the sense that she the daughter is fulfillment enough, sufficient for joy and rejoicing from the household, then you also may heal your wife, for she has been unable -for the grief of the loss and the fear in particular - carries within her a fear that should she ovulate with fertility, there is an irrational fear that giving birth to a child could result again in grief, that it could be the birth of a child with disease or imperfection.

Let there be a time of blessing of her womb, of herself as a holy temple. Could you learn carefully the form, the ritual, we have called the crystallization of prayer? And bring together with sacred vessels, carefully select the sacred vessels of metal of silver for the salt, of crystal, genuine crystal for the water, water from the ground, from a well in this area, and a container of wood for the bringing together the marriage of these two.

Learn within yourself the ability to magnetize this, both the water and the salt and the marriage of the two in blessing. And with your hands in the holy water, bless her womb and her ability to conceive. And know the heart and the mind must be healed.

And if there remains a desire then to allow the entry of a soul, it can be so accomplished. But learn this sacred ritual not only for that purpose, but for the purpose of being one in your community who can share that ritual of protection about your household, the cleansing of a household, the creation of an aura as if it were a bubble of protection above a house, a home, and individual, a car. Learn the use of this sacred ritual of protection and place a container of such sacred water of an image of your half brother. Let there be a time every day in the evening upon retiring, when you will hold his image, the image of his face in your mind. Repeat his name again and again as a mantrum and speak to him from within yourself, in your mind, speak to his mind. Speak to him of love of caring of a desire for an emotional bond that is supportive, of forgiveness and encouragement. Over a period of 40 days, forty days of focusing and caring, of the visualization an understanding within him, of a desire for a loving relationship, a supportive relationship. You may learn to heal.

Now all of these things are for the purposes not simply of correcting these relationships in your life, but specifically that you learn to be a minister, a spiritual minister of healing, of invocation, that you have an avocation of service as an inter-faith minister, one who would carry eventually ordination and the ability to be of service in this manner to others. And you can seriously study and develop in this manner. You can help the lives of so many.

Allow that the circumstances and challenges of your life be a challenge to service, to make a difference in the lives of others as well. For this is the nature of the Mystery School Life. It is the nature of this one in which we come to you that we encourage your healing and learn that you share that. It is not ever only for the self, but always a training for the purpose of giving the self to others.

The overcoming of a sense of inadequacy or a sense of inferiority at any level may certainly be overcome by that training of self esteem survival. Let that be a part of what you share with the world in your healing of yourself and your family as well. You may accomplish quite a lot through doing so....