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Q-I. Has this recent past experience affected her spiritual growth in a detrimental or beneficial way, and how should she handle this metamorphosis in her spiritual growth, and how can she overcome those detrimental forces working within this experience if there are any?

A-I. Now we would find for this one much that may be given, even many indications that are not the questioning here. But for this particular experience we would see in this manner, and according to those questions as been asked we would give: There is no experience that in and of itself, is detrimental or beneficial. It is the use to which these experiences are put that brings the detriment or the benefit in the spiritual growth.

Now we would see that which has occurred as being a dangerous process, for this one would understand that there is this force of life that is coiled at the base of the spine, and is a force like fire that is useful used properly, and dangerous if not handled with knowledge and in a proper manner.

Now there would be the slight understanding in this one of those forces called chakras that are the indications of level, or the stop-gaps, the controls, upon which depend the operation of these kundalini forces.

Now we would find that as the opening of these chakras comes naturally, there is allowed at each level a little more and a little more of the light that would come through these centers of the body. These are the life centers. The opening of these is necessary for raising the vibratory values of the body; that is, these levels of spiritual growth to the higher planes.

Now these are the seven churches, the seven gates, those forces that are spoken of in your Book of Revelation, and it would do well for this one to study that book, to see the entire book as a discourse on the human body, and that which occurs within it as the metaphysical vibrations are raised to ever higher levels.

Now understand that these chakras, these life centers, must be opened gradually. See metaphorically in this manner: That if a person were blind from birth and suddenly opened the eyes, the infusion of light would be too great and would shock the one, that he might become blind again from the sudden entrance of too much light. It is for this reason that there are controls on the pupils of the eyes, that they would dilate, or that they would close and open to allow more or less light to strike upon the retina, that the body centers, the nerve centers would not be shocked by the infusion of too much light in a particular situation See the chakras as control Is in this manner: That if a chakra is suddenly opened too widely, too completely, there is too much of the life force that surrounds it that is revealed at a time when the body is not prepared to assimilate that which surrounds it

Now for every soul on your plane we would give this instruction and knowledge that you might be aware of what is taking place about you, that it would be given, even for this channel, that if he could open his physical eyes at this moment and be aware of all the senses of the body, the twelve senses of your plane, if all these were opened simultaneously so that he were aware of all of the

life forms, all of the manifestations of life and spirit, all the entities that hover about, even at this moment, at this second in time, the mind would not be able to bear it, and this one would lose control of the senses. Now so it would be with this one who comes as the seeker at this moment.

Now as there is a tiny opening of a chakra, and as there is a tiny revelation of light coming through a particular level, there is awareness in the individual that something has occurred within the body, within the mind centers, within the spirit centers, that which is, that which allows the body to be aware of spiritual truths, There is awareness that these new concepts, these strange concepts, have come in and must be sorted, must be understood, must be assimilated into the life. And as there is a tiny pinpoint of light, the individual, not being able to understand, is likely to feel that this chakra is completely open, and that that which is being seen through a tiny pinpoint is all that there is to see through this chakra. It is understandable that this would be so, for until there has been the experience of seeing with the widened vision, the peripheral vision, there is not the awareness that there is more that lies around this pinpoint. Or, that is, as the chakra opens more and more, that there will be a wider spectrum of the same sight.

Now all this is given in metaphor that you might understand what has occurred for this particular individual. For as these occurred naturally, there is the opening of the sacral chakra first; that is, that the kundalini forces, or those life forces of the baser parts of the body, from the regenerative organs and the Cells of Leydig would force open the chakra lying at the base of the spine first, that this would be opened only a tiny, minute amount that there might be awareness of those things that come as the first awarenesses of the manifestations of light. Or, that is, that this created force in opening might be able to understand that all life is a created force, and until there is the adjustment between the physical body and that which is spirit, these come as a tremendous sex drive, an uncontrollable urge for physical manifestation of that which the body is attempting to spiritualize If these urges, then, are carried to spiritual levels, there is a tremendous energy toward spirit being produced. If these are expressed on physical levels, there is a tremendous physical urge that is produced, and lack of control in the body, and may cause a great deal of harm. If the opening of this chakra, then, is handled in a spiritual manner, in an intellectual manner, this kundalini force that is coming through the centers of these chakras, those raising the level of awareness, will proceed to the next higher chakra. And as it is gradually opened, as the force is pushing upon this opening to force it a little more and a little more, as there is the growth and as it opens naturally, it will proceed to the next higher chakra.

Now all of this is given as background that you might understand that when these chakras, these life forces, these danger valves that would prevent these things from happening before they are necessary, these may be chemically opened too much and too fast. Now in the opening of these artificially, or the forcing open of these gates artificially or by chemical means or by means of hypnosis or other unnatural means, there may be more light coming in; there may be more awareness even of the good things. For there is not bad in the spiritual realms; there is only the inability to handle that which is good, turning then that which would be good, that which would be constructive and creative, turning it into a destructive force through lack of ability to understand.

See those indications of the destruction of Atlantis, and realize this is exactly what occurred on a universal plane. This same thing is occurring this day on the individual levels in these people who

manifested in Atlantis. They are repeating individually what they produced as a nation in the beginning of time. Realize this and be warned that those people in this day who are forcing open the chakras with drugs are repeating the mistake of the nation of Atlantis. They are, as well, reincarnations of the inhabitants of Atlantis. This should say much to all on your plane. Be aware that this is karma of the Atlantean tribes. Realize that the city in which you live has the greatest drug problem in the world today. Realize that your city is the greatest concentration of Atlantean reincarnations in the world today. Understand that Atlantis on this spot is being given its new opportunity. Realize that you are part of the group karma of this nation and you are watching it unfold. Be aware of these spiritual truths and raise yourself to the levels to understand these things on spiritual levels.

Now for this particular one who has had this experience, that these chakras have been opened more than the body is able to assimilate and understand, realize all that is being brought in through these states of meditation and these periods of heightened awareness, all of these are wonderful and beautiful spiritual truths. Be aware also that the body is not ready, not able to receive them.

How then will they be handled? Handle them in this manner: Seek not to open self too much; seek only to be an instrument in the hands of God and make the prayer ever and always, "Thy will be done."

Now this one has often prayed that the spiritual growth would come more quickly. There has been the feeling of impatience in this one: "I want to be opened; I want to realize all things of God, even now." And there has been the answer from the inner planes that a great part of growth, one of the dimensions that must be realized and that lesson that must be taught in this lifetime is patience. This one, then, insisted and insisted that the process be speeded up: "I would become aware; I would become God- conscious this day." There was given, then, the experience that this consciousness rushed into the mind through a chemical force and the message of this experience to this entity would be: Those inner forces knew best and know best when there were the indications that there should be the turning inward quietly and waiting upon the Lord. These were the proper indications Do not insist on faster or more spiritual growth than comes naturally to the individual.

Now this would be the universal message to all on this plane: That one who would bring in too much light too quickly does so to the damnation of his own soul. There are given in this lifetime all the situations that the incarnate is able to handle for his spiritual growth. All that is needed is provided. All that is needed, then, is that you react to the situations in which you find self; react properly and self will be raised to the next higher step. If one were to proceed two, or three, or four steps in a single bound, how would he be prepared then to handle those heavier situations, those deeper, more enlightened situations that will come? Is it not true that a child will insist on being able to do all that daddy does? Is it not true that the small boy would want to drive his father's car and would attempt, if allowed, not being aware that this wonderful experience endangers his very life.

Now see self as a child spiritually and do not ask for those opportunities to handle more than the body can safely handle. Seek to see self and realize self as a growing child in spirit, and pray only: "Thy will be done; give me the strength to handle the situations that I face daily."

Now there are the other questionings for this one, particularly concerning that which is the mate at this time, or the one with which the soul is shared, the life is shared. And it would be given that there is the realization already in this heart that this is not a healthy situation. It need not come from these forces that there is a change needed. There is needed one who reacts on a more spiritual level and has more respect for those things of pure spirit, one that would be the more positive influence in the life. Now this is understood within. There is seeking here only confirmation from these sources that what is already known inside is true.

Now seek to recognize the still, small voice of God and follow it when it speaks. Do not rush ahead of the God forces, but follow. This has ever been the instruction of all the Masters: That one should follow.

It would be seen in this one that the attempts to turn to the religions, the disciplines of the East, are the attempts, the manifestations of this same lack of patience; that one would go ahead, one would go faster; one would go beyond that which is seen as the Christian religion or the religions of the West. This is not to criticize those disciplines that this one has studied. It is to criticize the manner of the attitude with which these were approached. For the purpose in approaching these disciplines was: "I am impatient with that which is coming in the Western disciplines. I want to go faster, further, beyond those who are around me. I want more right now." Then what was the greatest teaching of the Master? What was the dimension that we do not understand in time, even to this day? That dimension is patience. This is the supreme lesson that needs to be learned by all those who are the inhabitants and were the inhabitants of Atlantis that are manifesting today. Over all these centuries there still has not been learned the discipline of patience For these ones who are manifesting in this world today are the most impatient of all those on your plane.

Now seek to understand those of the Orient and see the quietness of the waiting; see the peace within that comes from understanding the discipline of patience Know that while the life span on this earth is very short, very short, indeed, as you count time, still it is as long as is needed for the growth experience. Understand this. All time is given you.

This is all that is needed to understand patience. Time is not running out in the manner in which you need to manifest on this plane. All time is given you, but only if it is used properly. Seek to develop only at that rate that spirit would teach. Wait upon the Lord; be patient. This is the essence of His love, particularly for this one.

Now as this one would turn to meditation and would turn inward in the night time, it would be sought that there would be the prayer: "Thy will be done; help me to realize all these wonderful things that surround me and to use them in a positive manner." And realize that when one's hand is placed in the hand of the Master, there is no fear. Perfect love casteth out all fear. See those experiences, then that have come as the frightening experiences, see them as growth opportunities. Accept them willingly and readily. Embrace them as they come and realize that there is no power stronger than that power that lives inside of self. There is contained within the self the power to neutralize any evil influences that would come from those forces being revealed that have been frightening. Depend on this then. Have faith in that Source that lies inside. Have faith in that power of love to overcome all. Then there will be the proper opening of self within and

the understanding of that which comes as light. And when these things come, be aware of the still, small voice that would speak inside the mind and say: "Be not afraid, it is I."

Then seeing these terrible things through His eyes, they become wonderful sources of light, and self will be illumined. Guidance will be given on the proper path. Seek to assure self daily that this is the right path, that it is the intention to follow God, to develop according to His perfect plan. Realize that it is the intent, it is the attitude that makes the path right or wrong. Seek then to decide the path that you would follow and that which comes into the experience will automatically be the signpost, the guidepost of that path which is sought. For the guidance is from within. Listen, understand, hear and recognize that still, small voice. Wait upon the Lord. Be still and know that I Am God.

We are through for now.

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