

Paul Solomon Reading 9319-LH-9250-FA-1-DS- Texas, July 29, 1990.

Q-1. What is my life purpose and what is my immediate next step? I have had clear guidance that I should study and travel, and I would like to know about the ultimate goal of this period of preparation.

A-1. Yes, we have this, the body, the Records, the witnesses of this soul in its journey and the presences here of those who have been with the life in the recent past and seek to go beyond and allow the full development and expression of life purpose in this time.

Now it would do well that you visit these sacred places of the development of the Schools of the Mysteries which have trained and prepared those who have gone forth to make plain and clear the way of the development of the soul in its purposes on this school, that is your plane of earth. And that you understand in your travel the weaving of the tapestry created by the feet of those who go as pilgrims to touch the sacred sites from the times of the awakening of man, mankind on this planet, to the Source of this that you call a solar system. For in traveling from this land to those schools of awakening of mankind, you form, as it were, on earth, a trace of the paths of the movement of the heavenly bodies in the moving from site to site where the feet of those who have descended here to teach among men have walked.

You find that the lines or paths crossing, weaving, that sacred tapestry about this earth are reflections of the heavenly bodies in their movement in relation to earth, that you have called among your teacher here, the ley lines or the lines of power, the nerve system, as it were, of this living body that is your world, your earth. These lines of nerves move from site to site, whether of the planes of Giza to those of Thebes and even to Ye-ru-sha-la-yim (Jerusalem) and Meggido, to Rome and to Eleusis.

These trace the lines of communication in the sense that you would think of the nerve system of the human body. These are the nerve communications of the planet itself. And as you traverse them, so you find yourself attuned to the planet, and it is for this reason that so many are drawn as pilgrims to the sacred site, whether of India, of Tibet, of Egypt, of Israel, and even of England, and across this land. Sacred sites are connected to sacred sites by the lines, ley lines which are the nerves of the planet. And in traveling them and being drawn to the travel, so you meet with kindred spirits who are those among the living on this plane, drawn to the energy points which are as the crossing points of meridians or the acupuncture points of the planet, so that your body in its soul's manifestation is attuned to this plane, this Mystery School. So that you complete the life's purpose in the body by tracing these lines. You complete the journeys about this plane and go on through the sun into the greater experience or beyond this system into another marked with the life you could scarcely understand from your point of reference on this planet of matter.

Then your purpose in travel, your drawing to it, is a drawing of the soul to complete, to revisit the places of its sojourns, to tie together the experiences of soul memory and to reawaken the consciousness to serving the purpose in this time. And you will find that as you set out upon a pilgrimage in this manner, that you will reawaken similar energies, flows as lines of energies which have been blocked within yourself and which have prevented the rising of the natural

vitality of your body to touch your creativity which would, in turn, cause you to be more alive within the body, thus more prepared and more drawn to be conscious, awake, alert and involved, having purpose.

Will cure to such a very great extent the need as it has been felt to somewhat avoid consciousness in the tendency to give the self to sleep in the hope that it will refresh and reawaken the body with energy and vitality and allow the consciousness to make connection with support systems of friends and those of common bond and common interest.

You will connect with the many who also are pilgrims from the corners of the earth. As you move and travel, so you will awaken the movement within yourself and find less requirement for sleep and even for times of depression of spirit. For with the awakening of purpose and the looking forward to the day's activity, as you explore and travel together with those of kindred mind, so your vitality will be reawakened. And having touched the places where His feet walked, you will attune again to the Presence as may communicate through you the healing vitality of the Master who walked this earth and who gave to so many hope.

So you, as well, have a mission to serve, and it will best be served at a time when you give yourself in some bit of sacrifice, as it were, even for a short time, among those caring for the poorest of the poor, and still find your rest and your home in the green place of Arkansas which is blessed by the mountains and the streams which make it a home for the awakening of young souls in this particular land.

But before you have settled there to be at home, it is well that your feet have walked these places, the sacred sites, and having journeyed there, have the experience of the movement of vitality through the systems of what might be called the electrical circuits, the energy circuits of your body, awakening yourself completely before the time of departing this school in sleep.

Then many experiences have happened in this time to free you for the journey, a time when you will meet together with kindred spirits, explore a new life and reawaken purpose, a joy of life, and looking forward to the day.

These things will assist in the release in your own body of those secretions of the endocrine system and of the mechanics of the brain to give you rest and healing to acquire the appropriate rate of brain wave rhythms that will allow you to move to the deep sleep of repair to that of contemplation and to that of fullest expression of life in turn.

So you see that a portion of the purpose of the travel is to re-balance your own body in its rhythms in relation to the earth and to meet a greater need, that of wanting to be alive, to be in the presence of others who are discovering life and awakening and healing themselves as they heal the points that are the sacred sites, and at the same time, the acupuncture points and the crossing lines of the meridians of the planet.

Then the journeys that you might take are those of visiting these places and meeting those kindred spirits with whom you will form a supportive family, and then go on to complete your dream of having created your home.

And yet in so doing, you will become more alive than you had expected or dreamed possible. As you begin to meet and communicate with those who have set about to repair the planet and to awaken the vitality, reawaken to new life for the building of a new heaven and a new earth.

These are part of your purpose in travel, and more shall be revealed as you have the opportunity to have formed a network and a family, to have met those with whom you have a bond, and to find again, this time, a partner with whom you have more to share, more purpose for being and sharing and communicating. All of these will heal what you have found expressed as times of depression, difficulty of sleep, and the requirement for more sleep than is necessary for the repair of the physical body.

For the body itself, for its own needs, will need only six hours or so of sleep when it is of the quality of sleep that is needed for the repair of the body itself. And yet the body requires much more at this particular time because the waking hours are without sufficient purpose to enliven the creativity of the body and the mind and are without sufficient meeting of minds and hearts in love to replenish your need for communication and for exchange with others who are supportive to your needs. There needs to be an awakening of joy in your life, an awakening of laughter and the ability to be creative and to play, even this.

And you find yourself at a time now of struggle to accomplish the creation of a place where you would settle and be comfortable. It would do just as well that you set aside him who has been the builder, and take instead one who will better serve your needs. There is not a great need to attempt through law or persuasion to get a satisfactory response from this one who is not so motivated to accomplish what you have asked.

Claim your power to be in control of that you have built, and set yourself apart from this one who has not met the need. Or, if you wish, claim the power that is within you to confront and to express to him your need and require that he meet it. Either of these is an option, but the best is to leave him aside and find one who will better serve the need. And this may require advice to accomplish without the necessity of costing a great deal to have the job completed.

At the same time, understand that it will not really be completed until you have set yourself out to find purpose in life, much of which will be found, will be acquired in the traveling and in the meeting of those with whom you would travel.

You have been prevented, in a sense, from settling until this urge, this guidance within you to go and to visit, to meet those who you need to meet and serve, in ways that you can serve. And do stretch yourself to go, to serve even a short time with the poorest of the poor, and in so doing, awaken some of the recognition of your ability to meet the needs and your ability to have the strength to give and to see the results of your giving in the healing of those you will be drawn to serve.

A part of the work is to visit the sacred sites and weave with your feet a cord of the sacred tapestry that is being built about the earth by the feet of the pilgrims who move from place to place that are the sacred sites, connecting, as it were, the synapses of the nerves of this planet to reawaken her to a new period of blooming forth and having, expressing. You see, if the planet

itself is expressing the joy of life, so will the inhabitants among the surface be lifted to new heights of creativity and joy.

And so there is a great movement afoot among those who are becoming aware that the healing of the planet is done in large measure by the movement of the feet of the pilgrims from place to place, to reawaken, to heal by the re-connection of the flow of vital force from sacred site to sacred site. Those sites which have been abandoned will come to life again by the treading of the feet of those who would weave the tapestry about the earth, which will give her a mantle that is as the creating of the raiment of light, the shining garment, for she is the bride crowned with twelve stars. And it is the planet herself who will be garbed in the robe of light and rest her feet on the crescent moon. She is the Great One of the Revelation, and the battles are fought on her surface.

And yet those who are aware re-weave the veil of the temple which shall, in turn, become the robe of light with which you will be wrapped as she moves to the sun in her wedding with Him.

Q-2. I have undergone many life changes in the past year. I would like to know why I continue to manifest these difficulties and what steps I can take to create more positive life experiences. Please comment on frequent feelings of depression, overcoming negative self-talk, why I have so often had a feeling that I did not want to be on the earth plane.

A-2. Yes, well of course, because you have had so little support from those of a family and friends who appreciate your being and your sharing, your ability to give and to love. You have needed to have replaced in you that you have given forth, for you have touched many who were deplete, devoid of life energies and forces.

You have come into contact with many in your work who have had experiences of making of themselves absorptive of your energy, your vitality of life and your attempts to heal them and not knowing how to replenish yourself with giving the love that you need to self to rebuild, to replace that which has been taken from you by those you have worked with who have been so out of balance with their body, their Source, their spirit, and even their mind. So you have worked so much in conditions in which those about you both of patients and of therapists were devoid of the joy that would replenish their spirits and give back to you that you were giving in your attempts to be a part of the healing of these.

It would do well that you have a time of giving yourself to the healing of those we have referred to as the poorest of the poor and the realization of their appreciation for your giving, their return of your love, and their healing you in your acts of healing them and of giving to them. So in these places of so little of the comforts of life, you will find yourself to be of great value and great service. And so will you replenish, revitalize yourself and your life purpose and your mission knowing that you have met such needs.

And yet before you go and give the self into such selfless service, it is a time for you to walk the pilgrim's path, to renew your vital forces, to give to the earth by walking these sites and to receive from the earth, in turn, a recharging of the vitality of your body, your mind, your soul and spirit, moving with those who have a common need to find and to express spiritual awareness

and contact with Source. You need to build a family and a support system by being together with those who would help in your healing and in your joy.

It could hardly be otherwise than that you should experience negative experiences even with the builder of your home when there has been so little to replenish your spirit and to lift your own vitality, give you a reason for living and a purpose for being alive, for being aware, for experiencing and expressing the joy of life. It is a time for you to give to self. Give to yourself great love and great energy.

And as you go about the time of travel, let it not be a lonely time, but a time rather of being among those, who loving themselves and their Source also have love to give to you for your healing. And being kind to yourself in such a manner, prepare yourself with the strength that you will need to confront those responsible to you for building your home as you desire it.

And so having gone forth and rebuilt your vitality, your health, your energy, and your zest for life, your joy of life, return then, and you will find a better time, a more propitious time for selling your abode here and moving there. And even there, you will find that you wish less than you had before to settle, as it were, and be comfortable, for there will be an awakening in you of a desire to go forth and serve and to find one who will be a supportive companion with you in the travel and in the work.

Then you will return to a comfortable time, an existence in that place that seems to you a place of support of a family group, of a support system, of friendship which will renew your spirit. And you will find the healing of your need for long periods of sleep so directly related to your experiences as well of times of depression. For these so clearly go hand in hand, do they not?

And it would help to cleanse your body of toxins in a time of fasting, first with apples for three days, and then completing the week of four more days with the juice of carrots, that you will re-balance your body's own energies and vitality.

But do so in preparation for going out into a time of enjoyment and giving to yourself the adventure, the travel and the exploration and discovery of life purpose as you set about the journey and make for yourself a pilgrimage, being kind to the self and at the same time, renewing your resources so that you will be able to serve those who have a great need.

They will be for a time not so much those of psychiatric patients, but those of the poorest of the poor who will receive and return in great measure your love and gratitude for it, and will rebuild your zest for life and for living and your sense of purpose and having met a mission in the healing of those who will receive you and recognize your value. So it will become considerably greater ease for you to discover and to affirm your own value and appreciation for self, for your mission, and for building a desire to be here, on this plane in this time through having been a part of the healing of this plane, of this planet. So you will have reconnected with your purpose for being here, renewing your resources, your consciousness, your joy, and life itself.

Q-3. The last question. You will now have before you the physical body and enquiring mind of ... (Name).... You will examine the body and give etiology, suggested treatment and prognosis of any imbalance or abnormality. What is the cause and remedy for the following? A. Tumors

throughout my body, especially the tumors on my back and on my spine. Can I cure this without traditional medical treatment? B. The enlarged thyroid. C. Warts developed after my mother's death.

A-3. Well, now we have already addressed these with the exception of the appearance of the warts on the skin. In the cleansing of the self as we have given with the apples, and as you would know, through the discussions we have afore given, that you should take as many as you can of apples during the three days of the cleansing. And of carrot juice, not the flesh of the carrots, not the substance, for four days thereafter to cleanse the body of toxins. And in so doing, you begin to reduce the size of those growths which have become uncomfortable.

And at the same time, apply some qualities of joy and of laughter as you can begin to build those by appreciating life more fully in the travel and in the meeting of those who are supportive, and of feeling of service and feeling of the expression of a mission, something to do with the hands. And these will be successful as well.

In allowing these expressions of the warts which came which were a response, as it were, to the relationship with your mother in her passing, the feeling of not having been seen as beautiful. So you manifested from yourself a sense of something akin to guilt, if we may say it that way, in the sense of feeling that it would have been better in some way, if you could have give her more purpose for living. The desire to have been more in her life, more appreciated, perhaps, in a sense, erupted or expressed itself through your skin, through your body, a feeling of not being as beautiful as you could have been, not so much in the way that you treated her, as in the way that she experienced being tired of life, worn out with the experience of the trouble of this plane. This has expressed through you.

Let it go. Release it, and let yourself live for self. Let it be alright to give yourself the joy of life and of expression and make yourself of benefit and purpose to others at the same time. For you can be greatly reassured in your ability to serve those who have a great need for being served, and at the same time, are capable of expressing a great depth of gratitude and appreciation for what you have given.

There is a part of you that would have liked in this time, would have proposed in this time, to have been a nun, one who would have been in a life of service, and yet that was not appropriate to this time, for rather it was meant that you should have a partner, but a partner who would share all of life and be supportive to your purpose and expression of life. Let that still manifest through you, and these expressions of not having been all that you could be will disappear, then, from their expression on your skin.

You may well treat them with the application of castor oil to reduce and allow that these should fall away, for with the regular application. This is the simple need that is required from a physical point of view, for the expression in itself has more to do with emotion, with self judgment and with a sense and a feeling to some extent of regret for so much of what has occurred in the life and for the loss of what came closest to being a partner in the establishment of your new home.

Allow yourself now to complete it, and allow these things to be smooth and easy and supportive in your expression of them. Allow yourself to have an easier and kinder experience of accepting cooperation from one who will be more supportive in building of your home and in the placing in it a care, an appreciation for who you are. Be not afraid to confront that one or to meet and talk with him, for you will find it less intimidating than you might have expected and more supportive than you might have thought.

Now we believe that that is sufficient to what we see on and in the body now. It would do well for the simple ease of the body, particularly of the spine and the fibrous growth there to apply often a castor oil pack until this has had an opportunity to flush itself from the system by the drawing away of toxins in the time of the cleansing fast.

Now, we believe that that is sufficient to the discussion of purpose. There will be more opportunities to serve on the return from these journeys. You will find that there is more purpose as you return to discuss and share with others the result of the experience and the joy of the connections and contacts you have made as you move about as a pilgrim on these journeys.

Then this should be sufficient to this moment for the building of understanding of purpose and the opportunity to meet it. Then we are through with this study for this time.

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