

## Spiritual Growth

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Question : With no more headway than I seem to be making in this life, I am afraid I have not gained spiritual enough to be effective in any of these endeavors. I know it is sometimes difficult to know what truly motivates us in what we seek to do, and I feel my motivations are not of a selfish nature.

Answer : Spiritual growth in this lifetime or any other will not be measured either by accomplishment or by awakening others to the nature of God. But rather by the handling of those opportunities and challenges that come to self, learning to use the laws of this plane, and live in accordance with them, learning an attunement with Creator within; learning to speak and converse with the God within, coming into contact and learning to love the Holy Spirit that is within the self. This one has made so many assumptions that the nature of God and the Holy Spirit are only served in others, and only exist in others.

Find the god within yourself. Love him there. Become a shrine, a temple to the Holy Spirit within you. Spend some time turning within daily and speaking to self within, to the Holy Spirit within, and to the body as a Temple of Spirit. Touch the toes, the feet, the legs, every portion of the body. Massage it lovingly and caressingly with your own hands, speaking to the body as a servant, a temple for the Holy Spirit giving expression of appreciation to all portions of the body for their service during the day. And to the systems of the body, the digestive, speak to the system in taking in food, after taking in food,. and after a period of the day. Speaking to the body, appreciating that the body has done in assimilating and putting the food to work. Appreciate the self on all levels and learn then to live in harmony with the body and with this plane, with this planet Earth.

That is the accomplishment of that you came here to do in this lifetime, learning to inhabit this earth as an alien. That is, a spiritual being caught up in a fleshly world, but learning to adapt to and rule over, and subject this earth, this fleshly kingdom to the will of the highest which is within. Thus obtaining the response of this earth to the will of the highest that is within, overcoming the laws of this earth through Him who is the Creator of the earth and her laws. Let the attunement be within then and judge not self according to that you've accomplished in relationship to others, in the lives of others.

When you grow then to that extent that you feel at home and able to function within this earth and overcome her laws, you will then have recognized spiritual growth and advancement within the self.

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