

## Bringing Up Children

Paul Solomon Reading 9590

Q 1: Please let me know about the spiritual training method that fits me.

A 1: Yes, we have the books and the scrolls of the records of the sojourns of this soul. And we have the body before us as well. And we have here a child, boy. What is his name?

Conductor: ... (Name)...

Source: ...(Name)... Yes. [He is] important to the life and purpose in this time, for he has a great and a very, very important destiny. He must be cared for well with utmost love. He must know that he is loved. As a sensitive soul we would ask you in your training of him, to avoid punishment other than separating him from any situation in which he is misbehaving. Make unavailable to him, if he should be unkind or misbehaving seriously in a group of children, simply remove him from the group and keep him alone. But [take] no actions that would be [understood as] punitive concentrated attention in that way.

Do always remember this, please, with this child. Always separate the child from the action or activity, meaning this. If he does something, some act that you would see as wrong, or an act which is not in his own best interest which could cause trouble for him or for others, when you see any act/action that is wrong which ordinarily a mother might scold or criticize for the action, do not do so! Instead, first give him praise and reassurance. Assure him that you believe that he is a loving and kind and a capable being. And that you love him now, even when he has just misbehaved.

Never! Do not ever use scolding terms or name calling such as "bad boy" or "bad child" because of the action. Separate the action from who he is. Who he is must always be loved and praised. Now [concerning] the action itself: When there is an action of his that is wrong, not in his own best interest, which might cause harm to himself or to another, do be critical of the action. And be as critical as you need to be of the action if it is very wrong. Then give emphasis to that, but it is the action that is wrong, not the child.

Be clear about that with the child. "You are wonderful. What you have just done is not acceptable, it is not in your own best interest." And please understand that a child at such a young age already can understand your explanation. Thus for this reason, as you tell the child how wrong this is, also tell the child why it is wrong. If an action is wrong, it is wrong for a reason. Tell him why it is not in his own best interest. And speak much of love for him. Give much physical touch and love, that he may grow. For he is a person meant to change important events in the world. Give care, much care to him.

