

The Challenge of Perfecting the Self

Paul Solomon Reading 0090 - L - 0059 - MA - 0001 - KW, Atlanta, Georgia, December 4, 1972

Question I: You have before you 0059, born May 29, 1947 in Evanston, Illinois. He comes seeking guidance and answers to the following questions: Do I have a Master? If so, who should be my Master?

Answer 1: Now we would take this question of this seeker in this manner: First of all that there be realized that there is not the necessity in this lifetime for labeling him who would be the Master other than that manifestation of the of the Divine Father. The importance of seeing the Master is that there be one on your plane who has completed the charge given by the That is, one who has fulfilled the law in so doing has completed the action of the law; has sustained it and has become the law.

If you would seek such a Master, then, one who might be the lord of the life, through the overcoming of these situations seek Him who was the Christ, the Master Jesus, and seek to overcome in the manner in which He overcame. Seek to follow the teachings in the manner that He taught. For in such a manner have all Masters attained that overcoming of the law. But you have not in record so complete as that record of Him that would be so simple to follow in this lifetime. If you would be prejudiced against this, realize that the label, the name, would not make the difference, but the manner in which He overcame and the manner in which He taught. For we would see the necessity of the master as being thus: That on the outer levels of consciousness, with the normal levels of realization, there is not the possibility for overcoming the law and controlling self.

If there would be given self, then, to those inner levels through a Master or Lord on inner planes, depending, then, for this Master or Lord for teaching, then this Lord and Master would rule the life, would rule the impulses not only of the mind, but of bodily functions, that there might be the control over the body, the mind, the brain centers, the production of those high levels of consciousness, the opening of the chakras.

We would see, then, that question as has been correct, the question concerning the opening of the chakras in this manner: That which is given from this plane concerning these effects might not be understood in those words, the labels, that you would use, but might be given metaphorically in this manner: That the chakras would appear almost as a dull gray or colorless until there is the attention, the circulation, the energy, the effort, the realization, the light, the heat of the Divine energy, the universal energetic power that would come through the chakras.

Then we find the heart chakra in this one at this time infused with a brilliant yellow. Then as the yellow travels more to the center of the circle, there would be produced then a spiraling through the center or opening that the fire serpent would be raised then through the center producing the more color and the depth of color and the brilliance of color, circulating, inundating, flowing throughout the chakra and from it through the ethers into the body, through the etheric body raising then the

brilliance, the solar energy throughout the body, raising the level of energy and the possibilities of its use.

We see, then, a violet color in the throat chakra suggesting, then, the coming together of the red and blue powers, that which produces the purple ray, the cleansing, the raising of levels of consciousness.

We find this not as yet manifesting, not as yet prepared to open the spiraling cord to the center, but we find the color as taking shape. We would see the crown chakra as almost a fiery red, but manifesting only in the base thereof. That is, the color would spread and suffuse throughout the base to the outer levels and then to the core, raising the level of color, the amount of color, the intensity of the color, as it would spread through, then pull away from the center, becoming rather than a disc, more in the shape that you would know as the donut, that would allow the serpent to pass through.

There would not then be the concentration on producing these effects, but the concentration on producing those characteristics, those states of character that would make these effects possible. For the raising of the kundalini force is not so necessary or so desirable as the control of the kundalini force at whatever level it is raised. Be not concerned, then, with the opening of the chakras, but be concerned with the control of the chakras that are opened, and the force that already is raised within. This in itself, then, would produce the opening of the other chakras and the realization of the use of this Divine force, this Divine solar energy.

We would find in this one that there has been past the level of raising of the sacral chakra and there has been the spiritualizing of this power, which is good in this present life, for it is not meant in this lifetime that this one should marry nor bear children.

This may come as a disappointment within, and should be realized that which has brought in this lifetime as intent was not labeled by a Master of given of God other than within self. That is, if there was chosen that this would not be the incarnation for marriage and children, it would have been chosen by the seeker himself. That is, on the planes of the inter-between there was seen that which needs to be accomplished in this incarnation.

There was chosen that this one would take a vehicle that was not oriented to the sexual drive that these would be spiritualized in this lifetime, that time would be spent instead for the learning process and for the teaching as a profession, raising the level of education particularly for the young, bringing in spiritual concepts and understanding of the world and the meanings of the world, meanings of incarnation, the meanings of life on this plane.

This, then, would be the concentration of perfecting the self, of raising the levels of consciousness. And giving of self to another in the love relationship, then, would burn off this energy and would detract from the goal, the main purpose of this incarnation.

Not that this would not be possible, for if this one so chooses there may be taken a mate in this lifetime, there could be the family, but would be a disappointment to this one within. The choice, then, would not be made from these sources or from inner planes. The choice, of course, always is with man. God will not intervene in the free will of those who He has placed on this incarnation. The choice, then, would be whether all that might be realized in this lifetime would be realized, or whether there would be the diversion for the satisfaction of self and the natural urges.

See, then, that the choice is laid before you, that may be dedication this lifetime to the raising of levels of consciousness, or there may be the joining in the human race, the human stream that would take the longer time in evolvement. See these, then, as spiritual forces, as spiritual opportunities, and develop in this manner....

... Now that question that has been asked concerning the Montessori techniques and teaching in this lifetime would be seen as karmic effects coming from that lifetime as referred. That is, there would be the reversal in the teaching methods and attitudes from the strong disciplinarian tendencies of that lifetime when there were the sadistic urges and the use of force and punishment, and much misuse of power and sexual energy and drive in that lifetime.

These, then, were directed against the students, the children, and this lifetime has been chosen as payment for that or the reconstruction. Not that this lifetime would be as punishment, but this lifetime then would be the realization. This one chose to take upon self the correction of that which came as misunderstanding in past lifetimes. See all this and overcome in this manner, that these are opportunities for development, for correction of past errors.

Question 2: What is the most worthy goal for an occupation that I should enter?

Answer 2: This has been given as discipline in this lifetime – for the perfecting of education for children.

Question 3: What is the most difficult thing for me to learn or see about myself, the world, and what must I confront first?

Answer 3. Now these indications as well have been given in the manner that this one must make the choice of the purpose of this lifetime, whether those purposes would be that as was stated in the inter-between as the purpose for entering upon this plane or whether there would be the diversion entering into the life stream as would be felt within this one.

There would be the feeling even in these moments as we speak that this one is being set apart, that is, being denied the normal or average everyday mundane activities of this plane. Now that that was given in former readings concerning mundane discipline was a manner of speaking of that which is being given in this moment. That is, it will require a great deal of discipline on the mundane levels to spiritualize that which has been the purpose of this lifetime.

Should be understood in this manner: That there is the thought of the highest level of spiritual attainment would require a great deal of discipline of the body and of the normal drives. Realize

now, that all the body senses are the carnal desires, all the body outlets are the carnal desires. That is, it would be not the sexual outlet, but the satisfaction of other body drives as hunger or partaking of food.

These are those which call the attention to the outward body, the sensual body, the carnal fleshly body. That there would be the turning inward, the spiritualizing of these drives that there might be the higher realization of all that is in this lifetime For if there should be such realization and such spiritual development, the teaching, the writing for this one would go far beyond the education of children, and would be given as a record to all on this plane.

There could be the height of development that would bring in an understanding of many high metaphysical principles and the teaching of the Law of One. This one might discover a means of overcoming the body, the fleshly temple. That would be the means of understanding the Law of One.

Question 4: Will I come to learn of my immortality?

Answer 4: This already has been given as realization, as innate knowledge and awareness, As there is the raising of the level of consciousness, the turning inward and the realization of the answers, the memory of past life times, and the knowledge of that which comes through the mental development, there will be the realization of immortality. That which exists already need only be recognized....

Be not resentful towards any others for that which they have developed in this lifetime, for their purpose is different. Therefore, development and that which you see as mundane happiness will be different. Seek not the pleasures of the world or that which you see as happiness in others, for the happiness within self will be an entirely different plane and come in different manner. That which could come as happiness for this one or any one that attains spiritual growth would far surpass anything that might be called happiness on the physical plane, or the mundane levels of life....

Question 9: What will happen to my evolution, my nervous system, if I return to Spain for six months of long meditation?

Answer 9: Now that is not necessary or desirable in the growth process at this time, for there must be the handling of the educational opportunities and the development of self during this period.

We would see it in this manner, that there may be taken from three to five days periodically, best taken in mountainous areas and near a stream, a moving stream with clear water, that there would be the cleansing of self, the fasting, the period alone in meditation.

Seek not to follow any of the mystics in the patterns of their development other than the attunement of self, the cleansing within self. Take the apple diet as was given by the entity Cayce, for the purification of the system and the body, and often go for these periods alone when there would be the turning inward and the listening to self The presence of running water, clear water, that that

would be pure water, producing energy of the rocks, would be best for the meditative process, for... and there would be heard the voices coming in, as it were, through the back of the head.

The realization of teaching from inner planes and the raising of levels of consciousness through these experiences would not interrupt the educational process and the awareness of the physical world, as it were, the development within this world, the productivity with others about, during these times.

Now we will find during this graduate program and the teaching, that there will be a return to the Atlanta area, because of natural processes; that is, evolutionary experiences within the earth; that is, upheavals, natural changes in the sphere of earth that will not produce the danger to this one, but would make necessary the move after a period of about two years.

Question 10: Will I witness the destruction of the planet earth in my lifetime and..,?

Answer 10: Portions thereof are coming even in this day, and before the end of this year there will be realized the beginning of such changes. The complete and final destruction of this planet as you see it would not come within this lifetime, for there will be other major changes and higher manifestations. There will be alterations; there will be evolutionary processes, the changing of the earth as you know it, but this one then would return to the earth sphere to witness these differences, the new heightened levels of mankind, the new sub-race as it appears.

Now we find before the completion of this body, that even those here...will see those times that even earth underneath your feet would seem unstable, and you will see the earth breaking open as its crust would shift and move, and there will be the noxious gases coming to the surface, the entire atmosphere will smell of the sulfur fumes and there would be taken much of the plant life from your plane and the majority of life as you know it will be taken; will be destroyed; will be changed into other forms. Those things that have come as the more horrible predictions would be realized as coming as evolutionary process on this sphere.

Those who have attuned to these purposes, will be given charge of the reshaping, reforming, revitalizing this planet.

And there will be the few who will be led as if by hand to those one or two places on this sphere that will be given as protection, and set aside by the priests of God who are becoming aware of their role in this relationship even in this day. And this mere handful will re-populate this planet on a higher level. This will be the beginning, then, of the new root race, the raising of all that is to higher levels of awareness.

Question 11: Will I enter the Kingdom of God?

Answer 11: Now see this Kingdom as accepting the lordship of that perfect Master, the universal Christ, He who is the High Priest, the go-between between self and the Creative Father.

